

# Sunrise Club Newsletter



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## Calendar of Events

August 5	Mystery Day Trip
August 18	Bingo - Decorah Meal Site 2:00 - 4:00
August 27	Coffee with Syd & Roger 9:30 - 10:30 Cresco Bank
August 31	Luau - Hawaii Travel Show 4:30 Decorah Bank Training Room
Sept 15	Ladies Day Trip, Galena IL
Sept 24	Coffee with Syd & Roger 9:30 - 10:30 Cresco Bank
Sept 24	Harvest Ball Dance, Nob Hill - Decorah RSVP by Sept 15!!!
Oct 13	Fall Day Trip, Spring Green WI
Oct 22	9:30 - Coffee with Syd & Roger Bingo 10:30 - 12:30 All at Cresco Bank
Nov 12	Ozark Jubilee Concert, Rochester MN
Dec 9 - 11	Christmas in Kansas City! Holiday Getaway!
Jan 2010	Hawaii! Jan 20 - 30
March 13	Mama Mia at the Orpheum - Minneapolis

## Go ahead, dig IN

“Dig IN: the Decorah Iowa Green Initiative” is August 21-23 and we at Decorah Bank & Trust are inviting you to check out one or all three of our activities.

Friday night, enjoy a free street dance with the area’s famous FOOT-NOTES performing in downtown Washington Street from 8-10pm, compliments of Decorah Bank & Trust; Saturday, explore an off the grid home tour with Decorah Bank’s Executive Chairperson Larry Grimstad and his wife Diane from 1-5pm; Sunday, exchange energy-saving ideas from Decorah Bank & Trust during KDEC’s Green Expo at the Winneshiek County Fairgrounds from 11-4pm.

This is just a sample of dig IN’s first annual green initiatives event; packed with education and fun for all ages. Buy your \$10 dig IN 3-day pass at the Winneshiek County Convention and Visitor’s Bureau (800) 463-4692 or www.digindecorah.com. What are you waiting for? dig IN!

## Bulletin Board

**Bingo in Decorah**  
 2:00 - Tuesday, Aug 18  
 Join your friends for an afternoon of fun at the Senior Meal Site on River Street in Decorah Tuesday, Aug 18. We play from 2:00 - 4:00 with a break for treats.



**Bingo in Cresco**  
 10:30 - 12:00 - Thursday, Oct 22  
 Cresco Meeting Room after morning coffee with Roger & Syd!  
 The cost to play Bingo is still just \$1 per person in Decorah or in Cresco, invite a friend to come along!

**Fourth Thursdays Coffee Break**  
 9:30 - 10:30 Cresco Bank  
 Trust Officer, Roger Huinker has been spending some time in Cresco on the second and fourth Thursdays to give him a chance to talk with anyone interested in exploring ways to protect their financial future.



In addition to Roger, Syd will plan to be in Cresco this fall on the fourth Thursdays - Aug 27, Sept 24 and Oct 23. Stop by to see what’s happening with the Sunrise Club!

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For more information or to sign up for a trip, please call Syd Stephenson in Decorah (563-382-9661) or Lori Truka in Cresco (563-547-2244).

## Notes from Syd

### Yesterday. Today. Tomorrow.

A new “tag line” What does it mean? As a locally owned and managed community bank, we at Decorah Bank & Trust and Cresco Bank & Trust have a responsibility to our community and customers. The money you entrust to us is invested and circulated in the area. It’s called community reinvestment. We invite you to continue banking in your own neighborhood. Decorah Bank & Trust Co., providing safe, sound, dependable financial services, yesterday, today and tomorrow.

### Trip reviews:

#### Amana Colonies - Patsy Cline Show

A fun loving group of Sunrise friends enjoyed our day in Amana this spring. We toured the Villages with stops at a church and the broom maker’s shop. A delicious lunch at the Ox Yoke Inn followed by the great entertainment at the Old Creamery Theatre for “Always, Patsy Cline”

#### Dubuque - Celebration Belle

A gorgeous ride on the river for a bus full of folks. We had a special waiter, enjoyed the big band music and relaxed and watched the river go by!

#### Seed Savers - Tour without a Bus

A beautiful morning in July enjoying the display gardens! We learned about the history of Seed Savers Exchange and some of the annual projects - the “living catalog garden” with samples of all of the plants growing, the live poultry exhibit, the White Park cattle and more!

#### Movie Day - Decorah & Cresco

We had a few folks come out for our movie in Decorah in June - we watched “A Night at the Museum”, a comedy with Ben Stiller as he learns what happens with the sun sets and he is the night guard. Thanks to the good sports in Cresco that played Bingo instead of watching a movie due to technical difficulties beyond our control! Thanks to the many of you that came out to enjoy these events!

### Future Planning

As you read this newsletter, you’ll see we are already setting some dates for 2010! What’s next? For our big adventures, many plans need to happen early. Have you dreamed of an African Safari? European river cruise? Canadian Rockies? Nova Scotia and New England? Ireland and Scotland? So many possibilities...I would love to hear your goals so I can start to think about 2011!! You’ll also notice that the Washington DC trip for this fall has been cancelled, although many of you were very interested in that extended bus trip, we can’t travel with less than 25 - 30 people on most trips.



## Day Trips

### Ladies Day Trip

Tuesday, Sept 15 Galena IL

We have a culinary tour planned with guides for some of the specialty shops and a special lunch with a local chef! Some shopping & touring and a stop at Breitbach's new restaurant on the way home! Call soon to add your name, space is limited! Cost for the day is \$115.

### Harvest Ball Annual Dinner Dance

Sept 24 Nob Hill Supper Club

Mark your calendars for this popular night out! We'll celebrate autumn with a "Harvest Ball" this year! Admission is a donation for local food shelves. Doors will open at 5:15, dinner at 5:30 with entertainment to follow. RSVP by Sept 15 to guarantee your spot.



### Autumn Day Getaway

Tuesday, Oct 13 Spring Green WI

Stops for this special fall day include the House on the Rock and Frank Lloyd Wright's home, Taliesin. The hills of Wisconsin should be ablaze with fall colors for this getaway!

Sign up soon, a few seats are still available. Cost for the day is \$100 per person.

### Ozark Jubilee Branson Country Christmas Show

Thursday, Nov 12 - Rochester MN



Join us for a special day in Rochester. Our first stop will be Mayowood - home of Dr. Charles H Mayo built in the early 1900's. Local businesses decorate this mansion for the holidays - it's a special time to visit!

Lunch will be on your own at Apache Mall's food court before our matinee performance at the Mayo Civic Center. We'll see the Ozark Jubilee featuring Branson's funniest comedian, Doofus Doolittle with his 'Hill-billy Humor' (one review describes him as a cross between Hee Haw & Larry the Cable Guy) and champion fiddle player Randy Newman along with a cast of musicians to entertain us for the afternoon!

Our final stop will be at Preston's famous Branding Iron Supper Club for an early dinner!

The cost for the day is just \$95 per person, includes admission, transportation, tips and a nice evening dinner. Please pay in full by Sept 15.

Call to make your reservation early, this trip will fill fast!

### Mamma Mia

Saturday March 13 - Orpheum Theater - Minneapolis

RSVP by Jan 1

Mamma Mia! One of Broadway's most popular hits - with songs from Abba brought to life to tell the story of a single mom planning her daughter's wedding on the Greek island where she lives. The bride invites three men from her mother's diary to her wedding so she can find her father. Colorful and fun, this is a sure to please hit!

It may seem a long time until March, but these seats will go fast for a Saturday matinee! We'll have lunch before the 2:00 show in downtown Minneapolis!

Call to reserve your spot - please pay in full by Jan 1. Cost for this day trip is \$145.



### Lessons for Life -

ICE - 'In Case of Emergency'

Cell phones, full of names and numbers in their memory, but nobody, other than ourselves and close friends would know who to contact in case of emergency! And that's when it's the most important!

If we were to be involved in an accident or were taken ill, the people attending us would have our phone but wouldn't know who to call.

The idea was thought up by a paramedic who found that when he went to the

scenes of accidents, most patients have mobile phones,

but the medics didn't know which number to call unless there was a nationally recognized name for this purpose.

In an emergency situation, the rescue team or hospital staff would be able to quickly contact the right person by simply dialing the number you have stored as 'ICE.'

For more than one contact name simply enter ICE1, ICE2 and ICE3 etc.

A great idea that will make a difference!



## Getaways

### Winter Escape to Hawaii

January 20 - 30, 2010! Travel Show Monday, Aug 31



Do you remember those cold and snowy days last winter?

During those cold winter months the last few years I've thought:

Why aren't we flying off to some warm and wonderful place with a whole bunch of our Sunrise Club friends!?

Well here's your chance! We have planned a great trip for January to fly to Honolulu and cruise the islands with fantastic stops planned!

We need at least 30 friends to sign up - so help spread the word and let's make this happen in 2010!!

### We're having a luau on Monday August 31.

Join us at Decorah Bank's training room at 4:30 to hear all about the details of this vacation experience!!

Please RSVP by Friday Aug 28! Call or stop by Decorah Bank or Cresco Bank for a detailed brochure.

### Christmas Splendor in Kansas City

December 9 - 11 RSVP by Oct 20

Let's celebrate with holiday season with a special getaway!

This popular Midwest City gets all decked out for the holidays! We've got great reservations at the Crown Plaza in the heart of the city. The home of Hallmark greeting cards - this area is spectacular at Christmas! We'll tour the Hallmark Centre, enjoy a holiday music performance, have a city lights tour, visit the fascinating Arabia Steamboat Museum, view the awesome Powell Gardens display of poinsettias and much more! This trip is planned for Wednesday through Friday, December 9 - 11.

Please reserve your spot before Oct 20th! We need at least 30 travelers to make this trip possible! Cost for the three days includes admission to all highlights, five meals, luggage handling, transportation & gratuities! The total cost per person is \$625. A detailed brochure is available in Decorah or Cresco.

